CLUBS AND ACTIVITIES FOR 2021 - 2022

CLUBS WITH OPEN MEMBERSHIP

Alethea (School Newspaper)
The purpose of Alethea is to write, edit and publish the school newspaper four times a year. The newspaper gives students the opportunity to further develop their writing and research skills and express the ideas and opinions of the SHA student body.

Ancient Cultures Club
The purpose of the Ancient Cultures Club is to explore and develop an appreciation for a wide variety of ancient cultures, from their mythologies to their ways of life.

Anime Club
The Anime Club will focus on educating students about Japan and other cultures that produce anime, as well as how anime portrays and is involved in these cultures. "Anime" a word used in Japanese to mean all styles of animation everywhere, has come to mean a predominantly Japanese style of animation characterized by colorful images, strong characters, and action-packed, futuristic and/or fantastic stories. This club will include discussions and viewings of anime as well as sharing of Japanese food and culture.

Campus Ministry
Campus Ministry is a peer ministry outreach to the greater school community and promotes a “culture of Christian service” flowing from a growing personal relationship with Jesus Christ. Everyone: students, faculty and staff members, parents, and alumnae are considered members of SHA’s Campus Ministry. They will all be encouraged to whole heartedly participate as a servant of Christ in all SHA Campus Ministry service projects, spiritual growth opportunities, and worship experiences.

Chinese Club
The purpose of the club is to promote understanding of Chinese culture by discussion and examination of its various aspects such as history, language, culture, and current affairs. For those students who do not take Chinese but are interested in Chinese and Chinese culture, this club will provide a great opportunity for them to learn with fun activities. For students who are taking Chinese, they can enjoy practicing the language with each other and will also learn more about different aspects of Chinese culture.
Clelian (Yearbook)
The purpose of Clelian is to produce a yearbook that captures the spirit and activity of the school year and that serves as a historical record of the year. The yearbook gives staff members experience in the journalistic demands of copy writing, photography, and layout design in a computer-based setting.

Drama Guild
Membership in the Sacred Heart Academy Drama Guild is open to any student interested in drama. Throughout the school year, students may participate in events including a major play, a monologue contest, the CDA Festival and the HALO Awards. For these events, students can involve themselves in a wide range of activities including acting, crew work, designing, composing and playwriting. Students may also participate in field trips to numerous professional theatrical productions. Exceptional theater students also have the opportunity to be awarded and recognized at the annual Honors Convocation.

Earth Club
The goal of Earth Club is to better the Sacred Heart Academy community and larger community of Connecticut by spreading awareness of environmental issues. Through the use of discussions, volunteering and service projects, Earth Club will inspire its members as well as Sacred Heart Academy students to do their part in order to protect and improve the environment around them. Students will take part in activities such as implementing a strong recycling program, planting trees, and starting a climate change awareness day in order to spread awareness among the students at Sacred Heart Academy. "They will neither harm nor destroy on all my holy mountain, for the Earth will be full of the knowledge of the LORD as the waters cover the sea" (Isaiah 11:9).

Excelsior Club
The Excelsior Club will represent and share Sacred Heart Academy's charism with prospective students and families as Excelsior Ambassadors. This will include campus tour information sessions, open houses and other hostess responsibilities.

Francophone Club
The Francophone Club has the mission to develop a greater awareness and deeper appreciation for worldwide Francophone cultures. Participants will come together once a month to explore and celebrate the diversity of French-speaking countries and explore their arts, music, food, traditions, history, politics through social and cultural events, activities, experiences and outings.
Handbell Choir
Students will have the opportunity to learn how to play tuned hand bells and perform on various occasions.

Math League
The purpose of the Math League is to stretch the students mathematically by participating in the New England Math League and AMC -12- Tests and to build confidence and self-esteem in students who are mathematically and scientifically oriented.

Meditation Club
At Meditation Club we recognize how powerful our beautiful brains are, and that meditation is truly a gift for the mind. Benefits of mediation: eases anxiety, melts away frustration and stress, improves focus, enhances sense of self, and generally boosts serotonin levels. This is some peaceful time away from the hustle and bustle of your busy day. Meditation Club will give you a minute to just take a deep breath and say ahhhh. A chance to relax and think about nothing but this moment.

Medical Research Club
The Medical Researchers Club is for everyone interested in a career in medicine. You will have the opportunity to learn about basic skills, such as taking a medical history or making a diagnosis, as well as to research, hear about and discuss the latest trends and research in medicine.

Model United Nations
Model UN will mimic the current United Nations. It allows students to address global issues which does not happen at any of SHA’s other clubs. It encourages students with an interest in international relations to learn and get connected.

Modern Political Issues
Modern Political Issues would discuss and debate a wide variety of political issues. A PowerPoint presentation covering the history, background and various opinions on the issue would also be presented.

PRISM (Literary Magazine)
PRISM seeks to discover the artwork, poetry and prose of SHA students and to publish their work in a formal literary publication.
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Programming Club
In this club students will learn programming. They will program in Scratch, program Sphero robots, and move on to more advanced programming languages such as Python. Members will meet bi-weekly to do different programming activities. In October the members will do an activity for Hour of Code and lead volunteers in programming games and activities.

Respect Life Club  (A division of Campus Ministry)
The Respect Life Club exists to raise awareness and promote respect for the value of life, while serving the needs of the most vulnerable in our human family, with special concern for the unborn, children, the elderly, and the poor. Members are committed to a respect for life from conception to natural death and to promoting life in a Christian way. This group also will focus on Anti-Human Trafficking, raising awareness of the issue and ways to help.

SHAdes at SHA
The purpose of this club is to promote equality, diversity, and awareness in our school community. Through discussion, education, and activities, we work to create an environment of peace and understanding at SHA. SHAdes hopes to help our school learn about the differences that make us unique, embrace and value those differences, and learn how to be agents of change toward acceptance and discovery not only in our own school, but our nation as well. With Excelsior values, SHAdes hopes to continually strive to work towards an environment where we will one day value all diversity that makes us beautiful.

SHArk Spirit Club
The SHArk club will work to promote school spirit within the SHA community. The club will organize activities that provide opportunities for students from all classes to interact with each other in a positive and enjoyable manner. The club will work toward creating an atmosphere of school support for the many activities in the building such as sports and musical. All students are welcome to be a part of the club.

Sister to Sister
The purpose of this club is to organize monthly visits to the retired sisters at Sacred Heart Manor to develop an understanding of the elderly and how much they still have to offer the Sacred Heart Academy students.
**Ski/Snowboarding Club**
Ski club is a seasonal, recreational club for people interested in skiing or snowboarding at local mountains with the possibility of day trips to VT mountains during the winter months. Depending on student interest, the club will organize weekly Friday trips to the local mountain in January for 5 weeks. Skiers may rent equipment at the mountain. Experience required.

**Social Media Ambassadors at SHA**
The purpose of this club is to have a group of SHA students to help facilitate social media posts for the school's Instagram, Facebook, YouTube, etc. channels. The members would be responsible for meeting with Ms. Walker on a monthly basis to brainstorm upcoming events and ideas that would help elevate Sacred Heart Academy's social media presence and increase interaction with students, parents, alumnae, and prospective families.

**Spanish Club**
The Spanish Club National Honor Society is an academic organization dedicated to promote the study of the Spanish Language and the culture of Hispanic countries. The Spanish Club National Honor Society is an organization that enriches knowledge of the Hispanic Culture. The club is open for anyone who would like to learn and celebrate the Hispanic culture. The Spanish Club National Honor Society will meet once a month.

**S.T.A.R Club (Student Technology Assistance Resource)**
The purpose of the S.T.A.R club is to develop a student centered technology support resource team where students can learn various skills in technology while serving as a technical resource of SHA Help. This club, with officers, would meet weekly for increased training.

**Visual Arts Club**
The Visual Arts Club is a combination of the Art and Photography clubs. This club will encompass the various media of both clubs. Some “events” may include a chalk walk art festival to begin the year. Other activities include face painting at the Holly Berry Festival, “Inktober” and “Mermay” – exploring a certain media each month.
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ORGANIZATIONS WITH ELECTED/SELECTED MEMBERSHIP (by specified criteria)

Math Honor Society (Mu Alpha Theta)
The Math Honor Society is dedicated to providing a method for schools to recognize and encourage those students who enjoy and excel in mathematics, inspiring keen interest in mathematics, developing strong scholarship in the subject, and promoting the enjoyment of mathematics through school wide activities. Members of the group are dedicated to community service by organizing and providing peer tutoring for other students.

NHS (National Honor Society)
NHS is a select group of students that strives to foster the intellectual development of the school community and to provide service to the school community.

Peer Connection
Peer Connection is a community of students whose mission is to offer a caring, Christian connection to their peers through confidential listening, mediation techniques, intervention strategies, and group support. Freshmen may apply for membership in March.

Student Council
The Student Council exists to promote and encourage student leadership, to render service, to serve as a student governing body and to achieve a better understanding of the aims and philosophy of SHA. Student Council works to support and encourage unity within the school.

Science National Honor Society
The SNHS encourages and recognizes scientific and intellectual thought, advances the students' knowledge of classical and modern science, communicates with the scientific community, encourages students to participate in community service and in turn, encourages a dedication to the pursuit of scientific knowledge that benefits all humankind.

Spanish National Honor Society
The Spanish Club National Honor Society is an academic organization dedicated to promote the study of the Spanish Language and the culture of Hispanic countries. The Spanish Club National Honor Society is an organization that enriches knowledge of the Hispanic Culture. The club is open for anyone who would like to learn and celebrate the Hispanic culture. The Spanish Club National Honor Society will meets once a month.
Orchestra

Comprised of a select, auditioned group of instrumentalists, Orchestra is a course that meets one day a week from 2:15pm-3:30pm and at specially scheduled rehearsals. Instrumentalists must take this course for both semesters to obtain credit. Students of various levels of proficiency (beginner to advanced) must already own (or rent) and know the rudiments of their instruments. Additional instruction is given to build an ensemble capable of playing musical literature of various styles and periods. Performances are scheduled throughout the year, including a Christmas and spring recital.